

Children

A Message to Parents...We require, for most programs, that children involved be the required age as of the date of the first class. All age requirements are set to benefit the child and make instruction more consistent for the program instructor. In some instances, the requirements have been set for the child's safety. Note: Registration by Internet or phone will be accepted if the child is the appropriate age at the time of registration. If your child does not meet the age requirements by the start of class, please register by Fax, mail-in or in person. Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

Arts/Dance/Enrichment

Before School Care



Early Risers Club

This morning program gives children a chance to get to school early and parents the opportunity to get to work on time. Staff will be available to provide informal recreation activities. Children will also have time to complete homework assignments, eat breakfast, or prepare for their day at school. First half of Session One payment-due with registration and paid in full by 8/20. First half of Session Two payment due by 9/10 and paid in full by 9/28. First half of Session Three payment due by 10/15 and paid in full by 11/12. \$10 late fee.

No program 9/3, 9/13, 11/22 & 11/23

Age: 5-10

22556	M-F	Aug 27-Oct 5	7 am-8:45 am	\$300/\$347
22558	M-F	Oct 8-Nov 16	7 am-8:45 am	\$300/\$347
22560	M-F	Nov 19-Dec 21	7 am-8:45 am	\$250/\$289

Location: Fallsmead ES

After School Adventure

The after school program is designed to provide children with a safe and fun environment. Children will have an opportunity to participate in the computer lab, crafts, organized games, basketball, ping-pong, and other enrichment activities. Themes for the fall sessions are Back to School Fun, Fall Fun and Time to Learn. Transportation provided from Meadow Hall ES and Twinbrook ES. Participants must purchase a TCRC Annual Membership.

Age: 5-12

23002	M-F	Aug 27-Oct 5	3 pm-6 pm	\$110/\$130
23003	M-F	Oct 8-Nov 16	3 pm-6 pm	\$110/\$130
23004	M-F	Nov 19-Dec 21	3 pm-6 pm	\$110/\$130

Location: Twinbrook CRC

Afterschool Enrichment Clubs

Fitness, Friends & Fun

Fit is in. . . and so is having fun while making friends. Start off the school year getting to know your classmates & promoting a healthy lifestyle through active games, aerobics, walking and healthy eating. Each day provides time for homework, a snack, and activities of choice. First half of payment due with registration and paid in full by 8/20. \$10 late fee. 15% sibling discount.

No program 9/3 & 9/13

Age: 5-10

22551	M-F	Aug 27-Oct 5	3:05 pm-6:30 pm	\$578/\$674
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Location: Fallsmead ES

Nature & the Outdoors

Autumn and harvest are all a part of learning about the local environment and the many wonders of nature and wildlife. Nature games /crafts, and apple picking add to this session of learning. Each day provides time for homework, a snack and activities of choice. First half of payment is due by 9/10 and paid in full by 9/28. \$10 late fee. 15% sibling discount. Full day (9 am-6 pm) program on 10/19 and 11/1.

Age: 5-10

22553	M-F	Oct 8-Nov 16	3:05 pm-6:30 pm	\$640/\$740
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Location: Fallsmead ES

Our World of Color & Culture

The diversity of our community makes us special. This session will be spent learning about the cultural likes & differences of our school community & other cultures from around the world. Each day provides time for homework, a snack, & activities of choice. First half of payment due by October 15 and paid in full by November 12. \$10 Late Fee. 15% sibling discount.

No program 9/3 & 9/13

Age: 5-10

22555	M-F	Nov 19-Dec 21	3:05 pm-6:30 pm	\$481/\$561
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Location: Fallsmead ES

Children

Ballet for Children ♥

Learn the art of Ballet through an elementary but professional approach. Children should register for appropriate level but may be changed at instructor's discretion. Solid color leotard and ballet shoes recommended but not required. Children should remain in Beginning Ballet for two years, then move to Intermediate for four years before progressing to Advanced Ballet. Students with demonstrated proficiency are encouraged to perform with Rockville Civic Ballet. Those previously enrolled at the Rockcrest Ballet Center should register for the same class. If a participant registers for two or more classes, a \$5 discount may be applied to one class. To receive a discount, register by mail, fax or in-person. See Teen Section for more classes.

Young Beginner Ballet

Designed for Beginners with a slightly less structured approach.

No class 9/22

Age: 5-7

22654 Sa Sep 15-Oct 27 12 pm-1 pm \$46/\$54

Location: Rockcrest Ballet Ctr./Chongpinitchai

Young Beginner Ballet

Designed for Beginners with a slightly less structured approach.

No class 11/10

Age: 5-6

22655 Sa Sep 29-Nov 17 12 pm-1 pm \$53/\$63

Location: Rockville Sr. Ctr./Mattos

Beginner Ballet

Beginners, In Grades K-6. No class 11/26

Age: 5-13

22644 M Sep 24-Dec 3 3:45 pm-4:45 pm \$75/\$89

Location: Rockcrest Ballet Ctr./Mangan

Beginner Ballet

Beginners, In Grades K-6. No class 11/23 & 11/30

Age: 5-13

22651 F Sep 28-Dec 7 3:45 pm-4:45 pm \$68/\$79

Location: Rockcrest Ballet Ctr./Mangan

Beginner Plus Ballet

Beginners, Ages 6-12. No class 11/23 & 11/30

Age: 6-12

22653 F Sep 28-Dec 7 5:45 pm-6:45 pm \$68/\$79

Location: Rockcrest Ballet Ctr./Mangan

Intermediate I

Children who have successfully completed the Beginner level.

No class 11/26

Age: 7+

22645 M Sep 24-Dec 3 4:45 pm-5:45 pm \$75/\$89

Location: Rockcrest Ballet Ctr./Mangan

Intermediate I & II

Children who have successfully completed the Beginner level.

No class 11/28

Age: 7+

22648 W Sep 26-Dec 5 3:45 pm-4:45 pm \$75/\$89

Location: Rockcrest Ballet Ctr./Mangan

Intermediate II & III

Children who have successfully completed Intermediate II.

No class 11/27

Age: 8+

22646 Tu Sep 25-Dec 4 4:15 pm-5:15 pm \$75/\$89

Location: Rockcrest Ballet Ctr./Mangan

Intermediate III & IV

Preparation for Pointe. Geared to twice per week students.

No class 11/28

Age: 7+

22649 W Sep 26-Dec 5 4:45 pm-5:45 pm \$75/\$89

Location: Rockcrest Ballet Ctr./Mangan

Intermediate III & IV

Preparation for Pointe geared for twice per week students.

No class 11/23 & 11/30

Age: 10-14

22652 F Sep 28-Dec 7 4:45 pm-5:45 pm \$68/\$79

Location: Rockcrest Ballet Ctr./Mangan

Advanced Ballet & Pointe

Advanced young teens w/ pointe. No class 11/27

Age: 12+

22647 Tu Sep 25-Dec 4 5:15 pm-6:15 pm \$75/\$89

Location: Rockcrest Ballet Ctr./Mangan

Advanced Young Teens & Pointe

For young teens. No class 11/22 & 11/29

Age: 12+

22650 Th Sep 27-Dec 6 5:15 pm-6:15 pm \$68/\$79

Location: Rockcrest Ballet Ctr./Mangan

Fee = Resident/Non-Resident

Children

Book Arts

Create a cooperative story together and illustrate and bind it into a real book. Make marbled paper, cool stationary, an 'un-rolly,' and a joke book using Japanese-style stab binding. All materials included in fee. Parents may register for #23083 and join in and create projects along with their child.

Grade: 1-3
22939 Tu Sep 25-Nov 13 4 pm-5:15 pm \$49/\$58
Age: 18+ (for parents)
23083 Tu Sep 25-Nov 13 4 pm-5:15 pm \$12/\$14
Location: Beall ES/Harrison

Cartooning

Learn a variety of techniques to draw the head and figure by exaggerating the main features. Students will be encouraged to stretch their 'drawing muscles' while expanding on cartoon concepts. Note: \$12 supply fee payable to instructor at first class.

Age: 7-10
22666 F Sep 28-Nov 16 5:30 pm-6:45 pm \$89/\$105
Location: King Farm Com. Rm/TBA

Chess

A fun game for all ages. Studies have found that chess will benefit children both academically and socially. Emphasis on basic principles, visual and tactical skills development, score sheet notation, and checkmate positions. Instructor is a trainer for school champions in Maryland. Note: Chess boards and sets provided for class.

Age: 6-10
Beginner
22667 Th Sep 20-Nov 8 4 pm-5:15 pm \$69/\$79

Continuing
22668 Th Sep 20-Nov 8 5:15 pm-6:30 pm \$69/\$79
Location: Lakewood ES/Del Mundo

Sing Dance Act - Musical Theater Intro. ♥

Explore acting exercises and movement for musical theater and singing. Learn songs and dances to popular Broadway and Disney music.

No class 11/24
Grade: 1-2
22703 Sa Sep 29-Dec 8 10 am-10:55 am \$99/\$115
Grade: 3-4
22704 Sa Sep 29-Dec 8 11 am-11:55 am \$99/\$115
Location: Musical Theater Center/Friedger



Meet Maureen Morales!

Maureen has been with the City of Rockville Department of Recreation and Parks as Director of our Twinbrook Discovery Preschool Program since September, 2002. A native of Trinidad and Tobago, she is the mother of seven children, with one son living in Maryland. Maureen received the majority of her educational training in Trinidad and has taught children from preschool age through high school for over 50 years!

Living in the U.S. since the early 1990's, it was an exciting time in her life when she obtained her U.S. citizenship in 2005. She loves learning and is currently taking classes at University of Maryland. Being trilingual in Spanish, French and English makes learning enjoyable for her. In fact, Spanish (along with other languages of the children) is part of the curriculum at Twinbrook Discovery.

Maureen is a committed employee and the first to greet the children in the morning. She loves to cook so if you should visit the Twinbrook Discovery program, don't be surprised if you're greeted by sweet aromas from the kitchen, along with a warm welcome from her, the staff and children. There is no doubt that she loves children and treats them as her own. As each child graduates from Twinbrook Discovery and moves on to Kindergarten, they take a part of "Ms. Maureen" with them.

We thank Maureen Morales for her dedicated service to the City of Rockville Department of Recreation and Parks and the families at Twinbrook Discovery!

Children

Kidz “Beach Bag” Club

What a way to say farewell to summer! While the weather is still warm, at Kidz Club we will spend the last days of the summer season by highlighting fun beach days! Join friends for water games, beach-themed activities and crafts. Other time spent getting a head start on homework, playing board games, doing indoor and outdoor fitness activities, and generally having fun! Small snacks served. Note: When schools are closed for children, there will be no Kidz Club. If registering online, please stop by City Hall to pick up a Kidz Club packet of forms needed on the first day of the Kidz Club session, or call 240-314-8633 to request one be mailed.

No program 9/3, 9/13

Age: 5-11

Beall E.S.

23122 M-F Aug 27-Sep 28 3:05 pm-6 pm \$190/\$95

Maryvale E.S.

23123 M-F Aug 27-Sep 28 3:30 pm-6 pm \$190/\$95

Twinbrook E.S.

23124 M-F Aug 27-Sep 28 3:30 pm-6 pm \$190/\$95

Kidz “Geo-Shapes and Color” Club

Geometric shapes are found everywhere in our daily lives. Color sets tones and moods. Come explore the world of geo-shapes and color with your Kidz Club friends. Crafts and other creative activities will spotlight color and shapes. Other time spent getting a head start on homework, playing board games, doing indoor and outdoor fitness activities, and generally having fun! Small snacks served. Note: When schools are closed for children, there will be no Kidz Club. If registering online, please stop by City Hall to pick up a Kidz Club packet of forms needed on the first day of the Kidz Club session, or call 240-314-8633 to request one be mailed.

No program 10/19, 11/1

Age: 5-11

Beall E.S.

23125 M-F Oct 1-Nov 2 3:05 pm-6 pm \$190/\$95

Maryvale E.S.

23126 M-F Oct 1-Nov 2 3:30 pm-6 pm \$190/\$95

Twinbrook E.S.

23127 M-F Oct 1-Nov 2 3:30 pm-6 pm \$190/\$95

Kidz “Who’s Who” Club

Who’s who at Kidz Club? Get to know all the Kidz Club participants better. What are your favorite colors? Favorite cartoons? Favorite foods? Favorite places? Share personal likes and dislikes that make you ‘who’ you are! Activities include ‘show and tell’ time, picture sharing time, and similar ‘get to know me’ projects. Other time spent getting a head start on homework, playing board games, doing indoor and outdoor fitness activities, and generally having fun! Small snacks served. Note: When schools are closed for children, there will be no Kidz Club. If registering online, please stop by City Hall to pick up a Kidz Club packet of forms needed on the first day of the Kidz Club session, or call 240-314-8633 to request one be mailed.

No program 11/22, 23

Age: 5-11

Beall E.S.

23128 M-F Nov 5-Dec 21 3:05 pm-6 pm \$190/\$95

Maryvale E.S.

23129 M-F Nov 5-Dec 21 3:30 pm-6 pm \$190/\$95

Twinbrook E.S.

23130 M-F Nov 5-Dec 21 3:30 pm-6 pm \$190/\$95



“My son attended Kidz Club for several years. I want to thank you and the staff for providing such a great atmosphere for kids at such an affordable price. He has made many friends and will have great memories for years to come.”

Laura Moore -

parent of Maryvale Kidz Club Participant

Fitness & Wellness

Karate - Tang Soo Do Youth ♥

Give your child the gift of confidence! Program is designed specifically for beginners only and can help your child improve self-discipline, develop better concentration and improve school grades. Note: Fee includes uniform.

Age: 4-6
22767 M & W Sep 24-Oct 24 4:50 pm-5:20 pm \$85/\$100

Age: 4-6
22768 Tu & Th Sep 25-Oct 25 6:10 pm-6:40 pm \$85/\$100

Age: 7-12
22770 Tu & Th Sep 25-Oct 25 6:40 pm-7:30 pm \$85/\$100

Age: 7-12
22769 M & W Sep 24-Oct 24 4 pm-4:50 pm \$95/\$112
Location: Kicks Karate/TBA

Karate Kids ♥

Learn the fundamentals of Tae Kwon Do, including a variety of basic kicks, blocks and punches. The martial artist's attitude of discipline, respect and self-control is stressed. Wear loose, comfortable clothes.

Grade: 1-7
22771 W Sep 26-Nov 14 4 pm-5 pm \$44/\$52
Location: World Karate Masters/Latchinian



VOLUNTEERS ARE PRICELESS

There are many
VOLUNTEER OPPORTUNITIES
throughout the City of Rockville for
individuals who qualify.

See where you can make a difference!

For more information, call 240-314-8620
or visit our website @
www.rockvillemd.gov/recreation

Children

Tumbling and Tramp ♥

Participants learn basic tumbling skills such as forward and backward rolls, handstands, cartwheels, round-offs, walkovers and back handsprings, if ready. Emphasis will be placed on coordination, flexibility and strength. USA Gymnastics trampoline levels 1-4 will be taught.

Note: If waiting list reaches 8, a second instructor may be added to accommodate wait listed children.

Class will be held on 10/19

Age: 4-6
22816 F Sep 21-Oct 26 4 pm-5 pm \$58/\$65

Age: 6-12
22815 F Sep 21-Oct 26 5:15 pm-6:15 pm \$58/\$65
Location: Xtreme Acro and Cheer/Buell-Size



BABYSITTING SKILLS WORKSHOP

**Terrific program for Preteens
interested in being a Mother's
Helper or Aide.**

Responsibilities of a good sitter, first-aid information, toy safety, characteristics of different age groups, and specific care needed for infants will be taught.

**Fri., September 14 & 28
6-8:15 pm**

**Rockville Senior Center
\$38 residents; \$44 nonresidents
Course #23439 (ages 11+)**

Children

Sports & Leagues

Basketball - Boys/Girls ♥

This exciting winter sport provides opportunities for boys and girls to participate and compete in an organized basketball league. Special playing rules will be in effect for all levels. Participants learn elementary and advanced basketball skills in an atmosphere of fair play and good sportsmanship. All registrants, including participants from 2007 program are required to sign up by the October 18 deadline. All registered participants will be contacted by a volunteer coach regarding team practices and other 2007-08 team information. Practices may begin the week of 11/26. Times and locations for league games are tentative and subject to change. Participants must reside or attend a school within Rockville corporate limits.

Girls Pee Wees

Girls born 9/1/1997-12/31/1998

Age: 9-10

22948 Sa Jan 5-Mar 15 9 am-6 pm \$59/\$69

Location: Lakewood ES

Boys Pee Wees

Boys born 9/1/1997-12/31/1998

Age: 9-10

22959 Sa Jan 5-Mar 15 9 am-5 pm \$59/\$69

Location: Broome Gym

Girls Bantams

Girls born 9/1/1996-12/31/1997

Age: 10-11

22949 Sa Jan 5-Mar 15 9 am-6 pm \$59/\$69

Location: Lakewood ES

Boys Bantams

Boys born 9/1/1996-12/31/1997

Age: 10-11

22965 Sa Jan 5-Mar 15 9 am-5 pm \$59/\$69

Location: Broome Gym

Girls Midgets

Girls born 9/1/1995-12/31/1996

Age: 11-12

22950 Sa Jan 5-Mar 15 9 am-6 pm \$59/\$69

Location: Twinbrook CRC

Boys Midgets

Boys born 9/1/1995-12/31/1996

Age: 11-12

22961 Sa Jan 5-Mar 15 9 am-5 pm \$59/\$69

Location: Robert Frost MS

Girls Juniors

Girls born 9/1/1994-12/31/1995

Age: 12-13

22951 Sa Jan 5-Mar 15 9 am-6 pm \$59/\$69

Location: Twinbrook CRC

Boys Juniors

Boys born 9/1/1994-12/31/1995

Age: 12-13

22960 Su Jan 6-Mar 2 12 pm-6 pm \$59/\$69

Location: Broome Gym

Girls Intermediates

Girls born 9/1/1993-12/31/1994

Age: 13-14

22954 Sa Jan 5-Mar 15 9 am-6 pm \$59/\$69

Location: Julius West MS

Boys Intermediates

Boys born 9/1/1993-12/31/1994

Age: 13-14

22962 Su Jan 6-Mar 16 12 pm-6 pm \$62/\$72

Location: Twinbrook CRC

Girls Associates

Girls born 9/1/1992-12/31/1993

Age: 14-15

22955 Sa Jan 5-Mar 15 9 am-6 pm \$62/\$72

Location: Julius West MS

Boys Associates

Boys born 9/1/1992-12/31/1993

Age: 14-16

22963 Su Jan 6-Mar 16 12 pm-6 pm \$62/\$72

Location: Twinbrook CRC

Boys Seniors

Boys born 9/1/1991-12/31/1992

Age: 14-16

22964 Su Jan 6-Mar 16 12 pm-6 pm \$62/\$72

Location: Rockville High School

Fee = Resident/Non-Resident

Children

Mighty Mites Basketball League ♥

Program emphasizes learning, developing basic skills and having fun. Second graders play in a division with baskets modified to 8 feet 6 inches. Third graders baskets will be the standard height. Register by: 10/18

Boys - Grade 2

Born 9/1/99 - 8/31/2000

Age: 7-8

22942 Sa Jan 5-Feb 23 9 am-5 pm \$53/\$63

Location: Lincoln/Israel Pk. CC

Girls - Grade 2

Born 9/1/99 - 8/31/2000

Age: 7-8

22943 Sa Jan 5-Feb 23 9 am-5 pm \$53/\$63

Location: Lincoln/Israel Pk. CC

Boys - Grade 3

Born 9/1/98 - 8/31/1999

Age: 8-9

22944 Sa Jan 5-Feb 23 9 am-5 pm \$53/\$63

Location: Beall ES

Girls - Grade 3

Born 9/1/98 - 8/31/1999

Age: 8-9

22945 Sa Jan 5-Feb 23 9 am-5 pm \$53/\$63

Location: Beall ES

Basketball Skills - Co-Ed ♥

Gain confidence as you learn fundamental basketball skills and rules. Learn proper techniques and control as you execute skills through a variety of drills and exposure to game-like situations, depending on skill level of participants.

No class 11/1

Age: 7-9

22740 Th Sep 20-Nov 15 4 pm-4:50 pm \$58/\$68

Age: 10-12

22741 Th Sep 20-Nov 15 5 pm-5:50 pm \$58/\$68

Location: Lakewood ES/Jordan

Basketball Skills - Girls ♥

Learn basketball fundamentals: dribbling, passing, shooting and game rules. Team play and sportsmanship emphasized. Scrimmages will be played as student's skills progress.



No class 11/1

Age: 8-10

22742 Th Sep 20-Nov 15 6 pm-6:50 pm \$58/\$68

Location: Lakewood ES/Jordan

Lacrosse for Girls ♥

Beginner to intermediate skills levels will be taught in a fun way as well as offensive and defensive team strategies. Players will be divided into groups based on their age/skill level and experience. Players are required to have a women's lacrosse stick, goggles and a colored mouth guard to participate and should bring a water bottle.

Group discounts: \$10 off for each family member (2 or more) and \$10 off for each member for a team (5 or more). Call the weather line at 240-314-5023 for status of class.

Grade: 7-14

23113 Su Sep 23-Oct 21 1 pm-2:30 pm \$75/\$88

Location: Mark Twain Sch. Pk.



Children

Fencing for Youth ♥

Designed to expose youth to the olympic sport of fencing. This beginners course emphasizes safety and proper technique. Equipment is provided however participants need to wear comfortable clothes and a fencing glove (or garden/golf glove). Foil swords are used which are designed to flex.

Age: 6-8
22755 F Sep 7-Nov 16 6 pm-7 pm \$140/\$156

Age: 6-8
22753 Sa Sep 8-Nov 17 11 am-12 pm \$140/\$156

Age: 9-14
22756 F Sep 7-Nov 16 7:20 pm-8:40 pm \$140/\$156

Age: 9-14
22754 Sa Sep 8-Nov 17 12:20 pm-1:40pm \$140/\$156
Location: Rockville Fencing Academy



“...Very impressed with Mr. Hayton’s knowledge and ability. My daughter had a good time.”

Parent of Guitar for Beginners participant

Lincoln Park Community Recreation Center



357 Frederick Avenue
Rockville, MD 20850
240-314-8780

Hours:

Monday - Saturday, 9 a.m. - 9:30 p.m.

Lincoln Park Community Center is the focal place for bringing the community together to participate in recreational opportunities for all ages. The activities are designed to provide opportunities for learning, fitness, family fun, and relaxation.

Amenities include a computer lab, game room, library, gymnasium, multi-purpose room, outdoor playgrounds, outdoor tennis courts, outdoor basketball courts, softball field, large fitness center, showers, ping-pong and Playstation 2.

Lincoln Park is a “pay for use” community center, offering reasonable rates for center memberships, Fitness memberships, daily passes and rentals. It has three rooms; a gymnasium, library and multi-purpose room, available for party or meeting rentals.

Coming this Fall...
Club House
After School Program
Formerly Kids Room
August 27

Stay on top of those extra pounds . .

Join the LPCC Fitness Center,
close to the new Town Center

Less than \$6 per month! Memberships available:
\$65 per year for Rockville residents. Center features:
treadmills, exercise bikes, extensive free weights,
elliptical cross trainers, lockers and showers.

Open Gym Basketball

Mon., Wed., & Fri., 8:30 – 9:30 p.m.

Fitness Trainer available

Mon. – Sat., 6:30 – 9:30 p.m.

**“Drop-in” for Computer access, Playstation 2,
Basketball and more!**

Private Rentals – Anniversary, birthday, retirement
or meeting? Give us a call about renting our facility
for your event.

Visit our website at
www.rockvillemd.gov/recreation

Children

Flag Football Skills ♥

Children will enjoy using up some of their energy as they learn the fundamentals of this popular sport. Participants will learn skills in passing, catching, blocking and rushing and rules of the game. Teamwork and sportsmanship will also be emphasized. Game will be introduced as the skill levels of players progress. Cleats recommended. Call the weather line at 240-314-5023 for status of class.

Age: 7-10
23071 Th Sep 20-Oct 25 5:30 am-6:20pm \$48/\$55
Location: Calvin Park/Orell

Gaelic Football ♥

Learn a fun new sport that is older than soccer and rugby and is played all over the world. Using a soccer size ball, children will develop punting, catching, hand-passing, coordination, throwing skills as well as teamwork in small sided scrimmages. Soccer cleats recommended. Co-sponsored by D.C. Gaeles. Call the weather line at 240-314-5023 for class status.

Age: 5-6
23073 Sa Sep 29-Nov 3 9:30 am-10:30 am \$48/\$55

Age: 7-8
23074 Sa Sep 29-Nov 3 10:30 am-11:30 am \$48/\$55
Location: Montrose CC & PK/DC Gaeles

Shorty Sports ♥

Enjoy learning the fundamentals of sports in a fun way through games and a variety of instructional drills. Develop skills in throwing, catching, kicking and batting through sports such as soccer, t-ball and basketball. Wear sneakers and bring a water bottle. Call the weather line at 240-314-5023 for status of class.

Age: 4-5
22781 Th Sep 20-Oct 25 5 pm-5:50 pm \$49/\$58

Age: 5-6
22782 Th Sep 20-Oct 25 6 pm-6:50 pm \$49/\$58
Location: King Farm Park/Meza

Soccer Skills ♥

Practice soccer fundamentals and develop better skills. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Scrimmages are included. Bring a water bottle. Note: Shin guards are required. Call the weather line at 240-314-5023 for status of class.

No class 9/22
Age: 4-5
22790 Sa Sep 15-Oct 27 9 am-9:50 am \$49/\$58
Location: King Farm Park/Meza

Age: 5-7
22792 Th Sep 20-Oct 25 5:30 pm-6:20 pm \$49/\$58
Location: North Farm Park/Gooding

Age: 5-7
22788 Th Sep 20-Oct 25 4:30 pm-5:20 pm \$49/\$58
Location: Calvin Pk./Orell

No class 9/22
Age: 6-7
22791 Sa Sep 15-Oct 27 10 am-10:50 am \$49/\$58
Location: King Farm Park/Meza

U.K. Elite Youth Soccer ♥

Develop fundamental techniques, skills, and an introduction to the tactics of soccer. Note: Bring water bottle and wear shin guards.

Age: 5-6
22817 W Sep 12-Oct 17 6 pm-7 pm \$78/\$92

Age: 7-8
23118 W Sep 12-Oct 17 6 pm-7 pm \$78/\$92
Location: King Farm Park



Fee = Resident/Non-Resident

♥ = Step Up To Health Program

Children

T-Ball Skills ♥

Youngsters will enjoy this fun and active class as they learn the fundamentals of catching, throwing, batting and fielding. Bring a mitt and water bottle. Call weather line at 240-314-5023 for class status.

No class 9/22

Age: 5-7

22799 Sa Sep 15-Oct 27 10 am-10:50 am \$49/\$58

Location: King Farm Park/Orrell

T-Ball Skills Plus ♥

Designed for children who have already taken T-Ball Skills class or with previous experience. The goal is to have students move away from using the baseball tee and move towards an intermediate skills level. Children will improve their throwing, catching and batting skills, and enjoy more game-like situations. Bring a mitt and water bottle. Call weather line at 240-314-5023 for class status.

No class 9/22

Age: 5-7

23452 Sa Sep 15-Oct 27 11 am-11:50 am \$49/\$58

Location: King Farm Park/Orrell

Wrestling Team ♥

Discipline! Good work ethics! Responsibility! Perseverance! These are the qualities that are needed for success in the sport of wrestling. The City of Rockville is proud to sponsor a youth wrestling team to compete in the Gaithersburg Sports Association. Teams are coached by adults certified through the National Youth Sports Coaches Association.

All registrants, including 2006 participants, are required to sign up by October 18 deadline. Note: \$10 fee per player required for AAU Membership, payable to a coach at team practice. Two weekday evening, 90 minute practices begin November 13. Meets begin January 5, scheduled sometime between 9 a.m. and 5 p.m., tentatively at Gaithersburg H.S. Any wrestler who is at least 6 years old on January 1 is eligible. A wrestler who is 14 years old on January 1 is eligible if in the 8th grade or lower. Participants must reside or attend a school within Rockville corporate limits.

Age: 6-14

22966 Sa Jan 5-Feb 23 6 pm-7:30 pm \$81/\$91

Location: TBA

Tennis for Children ♥

Lessons for beginners emphasize fundamentals: grip, stance, forehand, backhand and rules. Advanced Beginners work on serve, strategy, etc. Intermediate players work on approach shots, return of serves, lobs and overheads. Note: Participants must bring a racquet. Balls are provided. Call the weather line at 240-314-5023 for status of class.

No class 9/22

Age: 6-8

22809 Sa Sep 15-Oct 20 9:30 am-10:20 am \$52/\$61

Location: King Farm Park/Parish

Age: 8-10

23132 M Sep 17-Oct 15 5 pm-6 pm \$52/\$61

Location: Twinbrook CRC/Levine

No Class 9/22

Age: 9-11

22808 Sa Sep 15-Oct 20 9 am-9:50 am \$52/\$61

Location: Montrose CC & Pk./Ruiz

No Class 9/22

Age: 12-14

23451 Sa Sep 15-Oct 20 10 am-10:50 am \$52/\$61

Location: Montrose CC & Pk./Ruiz



♥ = Step Up To Health Program